

# Oak View Primary and Nursery School

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Headteacher: Yvonne Davis

7<sup>th</sup> May 2019

Dear Parents / Carer

During this half term, throughout the school in our PHSE lessons we will be delivering a SRE (Sex and Relationship Education) programme. In each year group there will be a specific focus and the children will explore different themes to support and develop their understanding of their bodies and relationships with others. An outline of the objectives which will be taught in each year group is shown overleaf.

If you would like more details about the lessons and content, then staff will be more than happy to share these with you. Please do not hesitate to ask.

As this programme is a change to the curriculum, you must complete the reply slip below to indicate if your child can participate in the SRE programme. If you do not wish your child to take part in the lessons then please ensure you tick the appropriate box. **Please return the reply slip by Monday 13<sup>th</sup> May 2019.**

Yours sincerely

**Mrs Y Davis**  
**Headteacher**

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**IMPORTANT: Please return the reply slip by Monday 13<sup>th</sup> May 2019**

## SRE (Sex and Relationship Education) programme

Pupil name: ..... Class .....

I agree that my child can participate in the SRE programme Yes  No

I would like to discuss details about the programme with the class teacher Yes  No

Parent/ Carer Signature ..... Date .....



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## Outline of the objectives

Year group	Lesson 1	Lesson 2	Lesson 3
Reception	Routines in a day. How do we look after ourselves?	How do we keep ourselves clean?	To recognise that all families are different.
Year 1	Looking at hygiene and why it is important.	Growing and changing.	Who do we ask for help if we need it?
Year 2	Describing the differences between male and females.	Describing the differences between male and female animals.	Naming body parts.
Year 3	Describing the differences and similarities between male and females.	Considering personal space.	To understand that all families are different. Who do we talk to if we need support?
Year 4	To explore the human lifecycle.	To know some of the changes which happen in puberty.	To understand how children change into adults as part of the human lifecycle.
Year 5	To explore the physical and emotional changes which occur during puberty.	How do we manage the changes which occur during puberty?	Keeping clean. How to ask for support and help during change?
Year 6	Describe how the body changes during puberty.	To understand conception and pregnancy.	To consider positive and negative ways in communicating with others.



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