



**ADD-vance**

The ADHD and Autism Trust



# **UNDERSTANDING ADHD & AUTISM IN GIRLS**

## **FREE INTRODUCTORY 6-WEEK COURSE FOR PARENTS/CARERS**

### **ABOUT THE COURSE**

This interactive course is designed for parents & carers of girls aged 5 to 14 yrs with a diagnosis, or suspected diagnosis, of ADHD and/or Autism (or 4 & already in reception).

**ALL SESSIONS MUST BE ATTENDED**

### **TIME AND PLACE**

**Tuesdays**

31st Oct to 5th Dec 2023

10 am - 12 pm

ONLINE VIA ZOOM

☎ 01727 833963

✉ [herts@add-vance.org](mailto:herts@add-vance.org)

🌐 <http://www.add-vance.org/>

**Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>**

These courses are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only