



UNDERSTANDING ADHD & AUTISM FOR DADS

FREE INTRODUCTORY 6-WEEK COURSES FOR PARENTS/CARERS

ABOUT THE COURSE

These interactive courses are designed for dads /male carers of children with a diagnosis or suspected diagnosis of ADHD and/or Autism.

ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE

Understanding ADHD and Autism for Dads (plus wider family)

Wednesdays - 1st Nov - 6th Dec 2023 (Week 3 Online)
St Albans Fire Station Community Room - 10 am - 12 pm

Early Years

Thursdays - 2nd Nov - 7th Dec 2023
7 - 9 pm **ONLINE**

Teen Years (knowledge of ADHD/Autism assumed)

Wednesdays - 8th Nov - 13th Dec 2023
7 - 9 pm **ONLINE**

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>

These courses are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only