



**ADD-vance**

The ADHD and Autism Trust



# UNDERSTANDING ADHD & AUTISM FOR DADS

## FREE INTRODUCTORY 6-WEEK COURSES FOR PARENTS/CARERS

### ABOUT THE COURSE

These interactive courses are designed for dads /male carers of children with a diagnosis or suspected diagnosis of ADHD and/or Autism.

**ALL SESSIONS MUST BE ATTENDED**

### TIME AND PLACE

**Understanding ADHD and Autism for Dads (plus wider family)**

Wednesdays - 1st Nov - 6th Dec 2023 (Week 3 Online)  
St Albans Fire Station Community Room - 10 am - 12 pm

**Early Years**

Thursdays - 2nd Nov - 7th Dec 2023  
7 - 9 pm **ONLINE**

**Teen Years** (knowledge of ADHD/Autism assumed)

Wednesdays - 8th Nov - 13th Dec 2023  
7 - 9 pm **ONLINE**

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

**Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>**

These courses are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only